

WHEREAS, colon cancer is a highly preventable disease and curable if found early, it is critical that screening, surveillance and healthy lifestyles be incorporated by the citizens of Santa Barbara. It is imperative that the citizens of Santa Barbara be educated and aware of appropriate colon cancer screening

WHEREAS, Dress in Blue Day" is to be celebrated on the first Friday in March every year. This is to promote awareness about colorectal cancer and to encourage individuals to be screened. Beginning at age 50 (or earlier if you have a family history), everyone should be screened for colorectal cancer. Colonoscopy is the most effective screening method for colon cancer screening.

WHEREAS, colorectal cancer does not discriminate and it affects both women and men, it is critical that women be screened as well as men! With regular screening, colorectal cancer can be found early when treatment is most effective.

NOW, THEREFORE, I, HELENE SCHNEIDER, by virtue of the authority vested in me as Mayor of the City of Santa Barbara, do hereby proclaim March 2010 Colon Cancer Awareness Month...

> IN WITNESS THEREOF, I have hereunto set my hand and caused the Official Seal of the City of Santa Barbara, California, to be affixed this 9th day of March 2010.